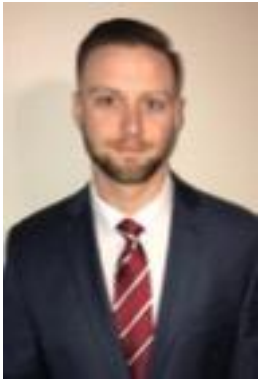


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## 2018-2019 Presidents Cup Winners

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**Aaron Heishman, M.S** – Central States University of Oklahoma  
Faculty Mentor: Michael G. Bemben, PhD, FACSM  
“Monitoring External Training Loads and Neuromuscular Performance for Division I Basketball Players Over the Pre-season”

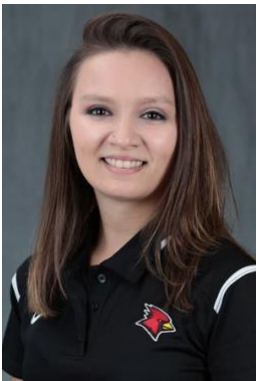
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**Emily N. Werner, M.S, RD** – Midwest Michigan State University  
Faculty Mentor: James M. Pivarnik, PhD, FACSM  
“A Pilot Nutrition Education Intervention with Division I Women’s Basketball Players”

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**Jordynne Ales, M.S** – Greater New York State University of New York at Plattsburgh  
Faculty Mentor: Andreas Stamatis, PhD  
“A Mental Health Case Study: Are Mental Toughness and Self Compassion Contradictory Concepts?”

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**Christine W. St. Laurent, M.S** – New England University of Massachusetts Amherst  
Faculty Mentor: Sofiya Alhassan, PhD, FACSM  
“Efficacy of a Recess-Based Intervention on Academic and Health Outcomes in Elementary School Children”

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**Morgan L. Worley, M.S** – Mid-Atlantic University at Buffalo  
Faculty Mentor: Blair D. Johnson, PhD  
“Static Cerebral Autoregulation is Not Altered in Symptomatic Concussed Athletes During Acute Central Hypervolemia”

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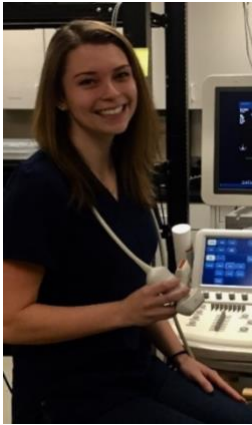
**Eydie N. Kramer, M.S**– Northland University of Minnesota, Twin Cities  
Faculty Mentor: Daheia J. Barr-Anderson, PhD, MSPH, FACSM  
“The Relationship Between Parent Perceptions of Physical Activity Environment and GIS Measures in Rural Communities”

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## 2018-2019 Presidents Cup Winners

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**Emily A. Larson** – Northwest  
University of Oregon  
Faculty Mentor: Christopher T. Minson, PhD,  
FACSM & John R. Halliwill, PhD, FACSM  
“Thermoregulatory and Cardiovascular  
Response to Acute Passive Heat Exposure in  
Low-Level Spinal Cord Injury”

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**Joshua R. Sparks** – Southeast  
University of South Carolina  
Faculty Mentor: Xuewen Wang, PhD, FAHA  
“Association Between Sedentary Time and  
Physical Activity with Glucose Concentration  
and Glycemic Variability”

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**Jimikaye Courtney** – Rocky Mountain  
Colorado State University  
Faculty Mentor: Kaigang Li, PhD Med  
“Longitudinal Associations of Physical  
Activity with Motivation and Physical  
Activity Planning among Emerging Adults “

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**Lloyd P. Ruiz** – Southwest  
California State University  
Faculty Mentor: Stefan, PhD  
“The Genetic Expression of Individuals with  
Traumatic Spinal Cord Injury Following an 8-  
week Group Exercise Program”

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**Sara Pepper** – Texas  
University of Texas at Arlington  
Faculty Mentor: Venu Varanasi, PhD  
“Silicon Ions Enhanced Myogenic  
Differentiation in C2C12 Skeletal Muscle  
Cells”

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